



Tower Ranch Community Association (TRCA)

FITNESS CENTRE

Rules & Regulations Exhibit A

February 2nd, 2025

Tower Ranch Community Association Fitness Centre Rules & Regulations

The Fitness Centre is for the exclusive use of Tower Ranch Community Association (TRCA) resident members in good standing. In the interests of safety and enjoyment, the following Rules and Regulations must be adhered to at all times.

For the purpose of these Rules & Regulations:

(a)	“Fitness Centre” means the Tower Ranch Community Association (TRCA) Fitness Centre located at 1855 Tower Ranch Blvd., Kelowna, B.C.;
(b)	“Resident” means collectively: TRCA Members in good standing.

1. A maximum of two (2) access key fobs will be issued to the Resident(s) of each Property. As of April 30th, 2022 the one-time fee of \$25 per fob has been discontinued. Note however, if a fob is lost and a replacement is requested, there will be a \$25 replacement fee.
2. Guests of Residents are not permitted to use the Fitness Centre.
3. The privacy and enjoyment of others using the Fitness Centre must be respected at all times.
4. No person(s) under the age of sixteen (16) years of age may enter the facilities.
5. The Fitness Centre will be open between the hours of 6:00 a.m. and 9:00 p.m., daily.
6. **To use the fitness centre, reservations must be made through the booking system on the TRCA website (www.trcamembers.ca).** Reservations are limited to three members at a time, maximum three bookings per week per member, and a maximum of six bookings for any given two week period. Note a week runs from 06:00 on Sunday to 22:00 on Saturday. For more information, please refer to the document “Fitness Centre Use & Booking Instructions”.
7. Residents will not be permitted to book or use the Fitness Centre for private functions.
8. No pets or animals are permitted in the Fitness Centre with the exception of designated assistance animals.
9. For security reasons, before leaving the Fitness Centre, all doors and windows to the exterior of the building are to be securely closed and locked.
10. Bar Bells are not permitted for use in the Fitness Centre.
11. Alcohol is not permitted in the Fitness Centre at any time.
12. “Street shoes” and “Golf shoes” must not be worn at any time in the Fitness Centre.

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13. Any Resident in breach of the Rules & Regulations may be subject to the removal of privileges regarding use of the Fitness Centre. Charges may be levied for the repair or replacement of property or equipment damaged.
14. The Fitness Centre is a NON-SMOKING area.
15. After the fitness equipment is used by a Resident, it must be wiped down using the sanitary wipes provided. This must be done prior to leaving the Fitness Centre.
16. No person is permitted to use the fitness equipment while under the influence of non-prescription drugs or alcohol.
17. Persons with open sores, infectious diseases, communicable diseases or discharges are not permitted to use the Fitness Centre.
18. Glassware, glass bottles, or other breakables are not permitted while using the Fitness Centre.
19. Any and all Fitness Centre equipment and furnishings (including fitness equipment, furniture, audio/video equipment etc.) used by Residents are not to be removed from the Fitness Centre nor taken out of doors; nor is it to be borrowed for private purposes.
20. Persons either causing damage or noting damage to the Fitness Centre, furnishings and/or equipment therein shall immediately report such damage to the TRCA executive (trcacommittee@gmail.com).
21. Following all usage, the Fitness Centre room is to be returned to the condition in which it was found and users shall ensure it is ready for use upon leaving the facility. Moveable equipment (i.e., dumbbells, mats, balls, etc.) are to be returned to their original positions.
22. Regulations regarding the use of the Fitness Centre for rental residents were adopted on April 12th, 2021 and are as follows:
 - a. If the Owner is in good standing and a permanent resident of the home in question, he/she can apply for a maximum of two fobs for their own use and the use of family members 16 years old or older cohabitating the property upon signing the Waiver. If the owner does not reside in the community and has a rental property, they can, at their own discretion, allow their renters use of their fob(s), but take full responsibility for the actions of the Renters regarding the TRCA amenities and the clubhouse. In addition, the Owner must provide the names and contact information (email(s) and phone number(s)) of the renters and indicate that they have been given use of the fob(s) registered under the homeowner(s) name(s).
 - b. Fobs assigned to Owners residing at their property are for their use (and family members 16 years and older) and can not be given to renters residing at the same property. If the Owner co-resides with renters (i.e. has a rental suite), he or she can choose to sponsor Renters residing on their property. An Owner can apply for a

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maximum of two additional fobs assigned to renters for a **monthly fee of \$20 per fob** (to be paid to the TRCA by the Owner using the Pre-authorized Debit (PAD) option only). The Owner must complete, sign and submit a Waiver in which the names of the Renters are clearly stated and submit the completed PAD form. By doing so the Owner takes all responsibility for the actions of the Renters regarding the TRCA amenities and the clubhouse. In the event the rental arrangement changes, a new waiver will need to be submitted with the name(s) of the new renters, if the Owner wishes to continue sponsoring. **It is the Owners' responsibility to retain the fob(s) in the event that a rental arrangement ends.** They can be returned to the TRCA and the monthly PAD payment will cease. If you wish to grant your renters access to the gym, please contact the TRCA at trcacommittee@gmail.com to make this arrangement.

NOTE: This venue is monitored and recorded by security cameras for your safety and for insurance purposes.